

5.1.2 Capacity building and skills enhancement initiatives taken by the institution include the following

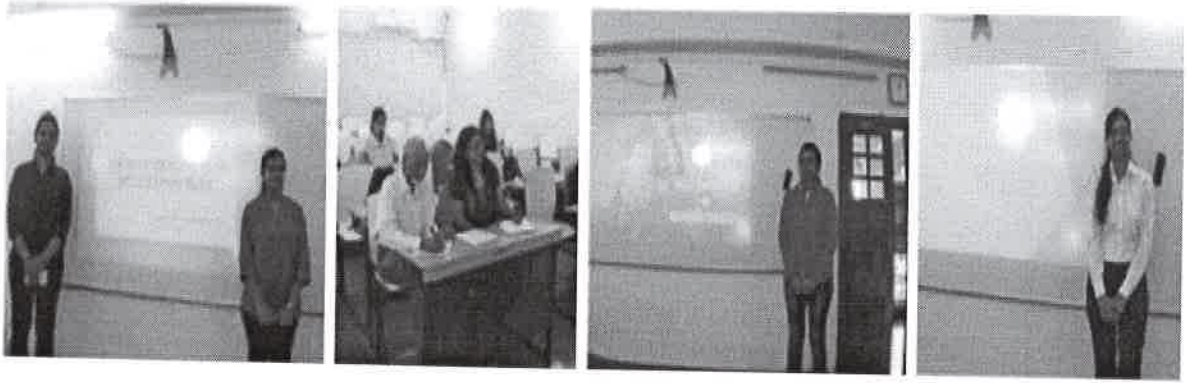
1. Soft skills, 2. Language and communication skills, 3. Life skills (Yoga, physical fitness, health and hygiene), 4. ICT/computing skills

Name of the capacity development and skills enhancement program	Date of implementation (DD-MM-YYYY)	Number of students enrolled	Name of the agencies/consultants involved with contact details (if any)
Barclay's Global Youth Employability Initiative @ 80 hrs partnering with NASSCOM & NSDC	13-10-2021 to 15-10-2021	104	Global Talent Track , Pune - 020 4915 0100 -
Soft Skills	21-03-2022	87	Divya Dixit/Freelancer/9557398444
Language & Communication Skills	12-04-2022	113	Suryakumar Kunisetty/Pearson/8600026466
Communication Skills	26-07-2021 to 27-07-2021	134	In house faculty - vebac
Soft Skills	22-10-2021	78	Learning By Ant- Gautam Narang
Soft Skills , Language & Communication Skills	2018-2019	23	Inhouse Faculty - Ms. Gunjan Somaya + Pearson Communication Lab
Soft Skills , Language & Communication Skills	2019-2020	19	Inhouse Faculty - Dr. Uma Bhushan + Pearson Communication Lab
Soft Skills , Language & Communication Skills	2020-2021	168	In House Career Guidance & Placement Team
Workshop on "Dashboard building by using Microsoft Excel"	08th Oct, 2022	62	In house faculty - Dr. Pranjal Muley, Dr. Satish Billewar
International Yoga Day celebration	21-Jun-21	71	Ms. Paloma Gangopadhyay - International Life Coach & Yoga Expert

Sl. No.	Soft Skills, Communication & Language Activities – (2017-2018) By Prof. Gunjan Somaya Mam – INHOUSE FACULTY	Duration
1	Introduction	04 Months
2	English Diagnostic Test has three components - Grammar, Vocabulary and Comprehension English Lab Level 1 – Basic grammar and language structure. Full course of Pearson Language Lab and complete the necessary grading of B1.	06 Months
3	Personal Effectiveness 1. Knowing oneself 2. Personal Goal-setting 3. Grooming & Etiquette 4. Listening skills 5. Interpersonal skills Communication Skills 1. Introducing oneself 2. Making conversation 3. Extempore 4. Debate 5. Social skills 6. Resume Construction 7. Group Discussions 8. Acing the PI	04 Months
4	Personal Effectiveness, Communication and Employment Skills 1. Knowing oneself & Personal Goal-setting 2. Grooming, & Etiquette 3. Interpersonal skills 4. Introducing yourself and making conversation 5. Public speaking 6. Resume Construction 7. Group Discussions 8. Acing the PI	04 Months



Axeng
Ann Saxena
Placement Cell



Trainer Profile :- Ms. Gunjan Somaya



Gunjan L Somaya ; - MBA HR ,HR Generalist | Learning and Leadership Development | Employee Engagement | Coaching

Senior HR Professional with thirteen plus years of varied and enriching experience and exposure in Learning and Leadership Development in Fortune 500 companies viz General Mills, L&T Ltd and Trans Ocean.

Led direct and cross functional teams to design, develop and execute end to end training programs, Communication Skills, Soft Skills , leadership journeys and campus recruitment & placement initiatives. Involved in process improvement and digitalization initiatives such as website and online portal designing, content development, creation of interactive dashboards and implementation of LMS



Ann Saxena
Placement Cell

Sl. No.	Competency Building Activities – Soft Skills, Communication & Language – (2018-2019) By Dr. Uma Bhushan –Associate Dean Communications	Duration
1	Introduction	04 Months
2	English Diagnostic Test has three components - Grammar, Vocabulary and Comprehension English Lab Level 1 – Basic grammar and language structure. Full course of Pearson Language Lab and complete the necessary grading of B1.	06 Months
3	Personal Effectiveness 1. Knowing oneself 2. Personal Goal-setting 3. Grooming & Etiquette 4. Listening skills 5. Interpersonal skills Communication Skills 1. Introducing oneself 2. Making conversation 3. Extempore 4. Debate 5. Social skills 6. Resume Construction 7. Group Discussions 8. Acing the PI	04 Months
4	Personal Effectiveness, Communication and Employment Skills 1. Knowing oneself & Personal Goal-setting 2. Grooming, & Etiquette 3. Interpersonal skills 4. Introducing yourself and making conversation 5. Public speaking 6. Resume Construction 7. Group Discussions 8. Acing the PI	04 Months

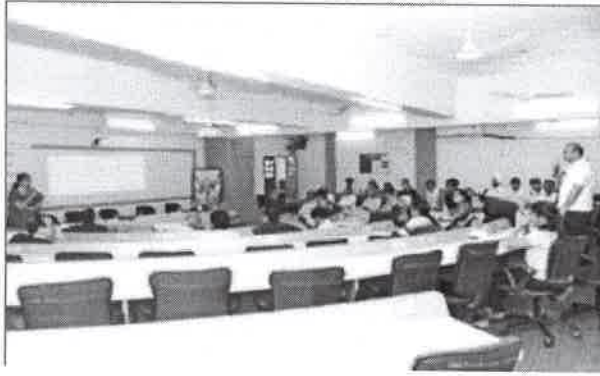


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Arun Saxena
Placement Cell

Sl. No.	Competency Building Activities Soft Skills, Communication and Language – (2019-2020) By Dr. Uma Bhushan in Association with Pearson Lab	Duration
1	Introduction	04 Months
2	English Diagnostic Test has three components - Grammar, Vocabulary and Comprehension English Lab Level 1 – Basic grammar and language structure. Full course of Pearson Language Lab and complete the necessary grading of B1.	06 Months
3	Personal Effectiveness 1. Knowing oneself 2. Personal Goal-setting 3. Grooming & Etiquette 4. Listening skills 5. Interpersonal skills Communication Skills 1. Introducing oneself 2. Making conversation 3. Extempore 4. Debate 5. Social skills 6. Resume Construction 7. Group Discussions 8. Acing the PI	04 Months
4	Personal Effectiveness, Communication and Employment Skills 1. Knowing oneself & Personal Goal-setting 2. Grooming, & Etiquette 3. Interpersonal skills 4. Introducing yourself and making conversation 5. Public speaking 6. Resume Construction 7. Group Discussions 8. Acing the PI	04 Months



Dr. Uma Bhushan
Annexure
Placement Cell



Dr Uma Bhushan, Ph. D – English, MA – English , MBA , 27 + Years of Teaching & Corporate s
Professor of Communication, Content Creation - PR, Thought Leadership, Poetry and Fiction Teaching
 business communication, integrated marketing communication and crisis communication. Additionally
 responsible for Examinations Department with prestigious institutes like S.P Jain Global. K.J. Somaya ,
 Siemens Outlook , PTI etc.



Dr Uma Bhushan
 (Ann Saxena)
 Placement cell

(2021-2022) – Barclay's Global Talent Training & Learning Program

GTTF - Soft Skills & Communication (CSR for Barclays Bank)



Arun Saxena <arun.saxena@ves.ac.in>

Wed, Sep 29,
2021, 2:32 PM

to Sandeep, Jyoti

Respected Sir

Please find below proposal as received from company via our Sameer contractor

This we have done earlier - 4 years back but seems very relevant and helpful.

24 hrs is Mandatory. Please guide

----- Forwarded message -----

From: **Samir Contractor** <samir.contractor@ves.ac.in>

Date: Sat, Sep 25, 2021 at 4:52 PM

Subject: Fwd: Training TPO as free

To: Arun Saxena <arun.saxena@ves.ac.in>, Rajesh Jamwal <rajesh.jamwal@ves.ac.in>

Arun Sir As discussed

Best Regards

Samir H Contractor

Manager - Corporate Relationship & Placements

Corporate Relations & Placement

VESIM Business School

Address: Hashu Advani Memorial Complex, 495/497 Collector's Colony, Chembur, Mumbai, Maharashtra
400074

M) 9819007441



Website: <https://vesim.ves.ac.in/>

Vivekanand Education Society Institute of Management
Studies & Research.

----- Forwarded message -----

From: **Arjun Kale** <arjunk@gttconnect.in>
Date: Sat, Sep 25, 2021 at 4:50 PM
Subject: RE: Training TPO as free
To: Samir Contractor <samir.contractor@ves.ac.in>

Dear Samir,

I'm happy to have connected with you and it is my pleasure to introduce Global Talent Track Foundation (GTTF).

We would like to interest you by mentioning that this Program is a Corporate Social Responsibility (CSR) Initiative. Thus, this entails ***no cost to either the student or the institute***. This program would help the student during their placements.

I would be happy to take any queries that you may have.

In the interim, request you to visit this link to know more about us: www.gttconnect.com
and know more about our programs for students: <https://gttconnect.com/about-us/>

GTT Foundation (GTTF) is a registered education and training venture, set up by some of the best minds from the industry, education, and technology domains. The venture aims to provide 'quality with scale' through programs delivered with the help of innovative technologies and compelling content.

The training which is being conducted by us, Global Talent Track in association with our sponsors/official training partners Barclays. As a part of the Barclays CSR initiative, Barclays has decided to skill unemployed youths as per the industry requirement. We would be executing the training program under this initiative, with a limited number of colleges across India.

Training duration: 24 hours

Training Program Details:

1. 24 hours of high impact workshop on Soft Skills and Communication by specialized experts from the corporates with immense relevant industry

Basis the requirement from the college, we share a customized Program Outline on topics that range from Soft Skills to communication to Aptitude training

Communication , Soft Skills & Language WORKSHOP - Barclays Life Skills			
Main Topic	Sub Topic	Objectives	Duration
DAY 1			
Introduction	Introducing the Life Skills Program	What is in it for me? Understanding the objective of the Lifeskills Program	3 Hours
Interview Skills	Online Image	Building a strong impression online and sustaining online credibility	
	Self-Awareness	To Know your personality	
	Grooming	To study corporate grooming habits (The right attire)	4 Hours
	Body Language	To imbibe the right body language for a professional environment	
	Confidence	To increase self-belief and faith in one's own abilities	
	Interview FAQs	Learn to face frequently asked interview questions	
	Resume	To build strong profiles through effective resume writing	
	Rejections	To understand how to handle interview rejections and come back from setbacks	
DAY 2			
Corporate Readiness	Values	An introduction to values in a corporate environment	4 Hours
	Ownership	To learn how to be accountable and own tasks, projects, etc.	
	Respect	To understand the importance of respect as a critical corporate value	
	Teamwork	To understand collaboration and its importance in the corporate world	
	Auto-didactism	To leverage self-learning and self-directed education	
	Flexibility	To learn how to be flexible while playing multiple roles	4 Hours
	Time Management	To improve effectiveness at work and achieve a balance	
	Stress Management	To understand how stress can be managed and to lower depression	
	Positive Attitude	To take the step towards positive success by adapting the right approach	
	LinkedIn (Profile Management)	To gain knowledge on LinkedIn account management and tips to enhance a profile	

Mock Interviews & Group Discussions	In basket simulation (Learning Application)	Group Discussion rules and enhance Public Speaking skills (Group Discussion)	3 Hours
		Tips to handle Interviews and be able to create the right impression (Mock Interviews)	3 Hours
	SWOT Analysis	To Self-evaluate and analyze strengths and areas of improvement	3 Hours
	Active Listening		
	Probing Skills		
	Aptitude & Logical reasoning	VERBAL – Synonyms, Antonyms, Sentence completion & passage writing, Verbal ability Quantitative Aptitude - Arithmetic & Data Interpretation Analytical & Reasoning – Critical Reasoning, Logical, Verbal & Nonverbal	
TOTAL DURATION			24 Hours

2. Students from your esteemed institute/college/university receive:

a. e-Certificate

b. Mentorship from GTT Foundation

i. Mode of training: Online

ii. Please note that all the students should be registered on our portal (Registration link as mentioned above)

3. This program is open for all the Pre-final and Final Year students.

We solicit your collaboration and co-operation in making Students Industry ready and Employable!

Greetings from the placement cell and hope you are doing well.

REPORT OF BARCLAY'S GTT LEARNING PROGRAM :-

Here is the below report of Barclays GTT Learning program. The Barclays Life skills Session commenced from 13th Oct 2021.

Date:- 13-10-2021 to 15-10-2021



Ann Saxena
Placement Cell

Time :- 11:00 AM to 07:00 PM

Topic:- Soft Skills Training: Speaker & Trainer Mr. AHMED

13th of October 2021 :

Total Attendance of students were 104 (MMS Students, 2nd year)

Day 1: Topics covered:

DAY 1

Introduction Introducing the Life Skills Program What is in it for me? Understanding the objective of the Life Skills Program 3 Hours

Interview Skills Online Image Building a strong impression online and sustaining online credibility

Self-Awareness To Know your personality

Grooming To study corporate grooming habits (The right attire)

Body Language To imbibe the right body language for a professional environment 4 Hours

Confidence To increase self-belief and faith in one's own abilities

Interview FAQs Learn to face frequently asked interview questions

Resume To build strong profiles through effective resume writing

Rejections To understand how to handle interview rejections and come back from setbacks.

14th of October 2021 : Total Attendance of students were 100 (MMS Students, 2nd Year)

Topics covered:

DAY 2

Corporate Readiness Values An introduction to values in a corporate environment 4 Hours

Ownership: To learn how to be accountable and own tasks, projects.

Respect To understand the importance of respect as a critical corporate value

Teamwork To understand collaboration and its importance in the corporate world

Auto-didacticism To leverage self-learning and self-directed education

Flexibility To learn how to be flexible while playing multiple roles

Time Management To improve effectiveness at work and achieve a balance 4 Hours

Stress Management To understand how stress can be managed and to lower depression

Positive Attitude To take the step towards positive success by adapting the right

approach

LinkedIn (Profile Management) To gain knowledge on LinkedIn account management and tips to enhance a profile.

15th of October: Total Attendance of Students were 54 (MMS Students, 2nd Year)

Topic Covered:

Day 3

Mock Interviews & Group Discussions In basket simulation (Learning Application) Group

Discussion rules and enhance Public Speaking skills (Group Discussion) 3 Hours

Tips to handle Interviews and be able to create the right impression (Mock Interviews) 3 Hours

SWOT Analysis To Self-evaluate and analyze strengths and areas of improvement 3 Hours

Active Listening

Probing Skills

Aptitude & Logical reasoning VERBAL – Synonyms, Antonyms, Sentence completion & passage writing, Verbal ability

Quantitative Aptitude - Arithmetic & Data Interpretation

Analytical & Reasoning – Critical Reasoning, Logical, Verbal & Nonverbal

TOTAL DURATION 24 Hours.

Over all Informative sessions , also Barcleys have provided Final placement opportunity for final year students with a package of 5.70 lac PA. None of the students Applied.(For BD Role,Sales)



Dr. Arun Saxena
Placement Cell

2) 22nd of October 2021: Training session by "LEARNING FROM ANT";

Webinar on "INTERVIEW TECHNIQUES AND RESUME BUILDING – Communication , Soft Skills aspects " on 22nd October, 2021 (FRIDAY) from 11 AM to 1 PM

External

Inbox



gautam@learningfromant.com

Tue, Oct 19,
2021, 8:49 PM

to me

Respected Sir,

Greetings from "Learning From Ant".

We are sharing the "Microsoft Teams Meeting Link" for the webinar along with the Brochure, Message, Webinar Details, Speaker Profile and Agenda of the session which are to be shared with the students.

Message for the students:

"Learning from Ant" is going to conduct a webinar for your institute as a part of a series of webinars that we are conducting for institutes across India. We have conducted sessions for many ivy league institutes including IIM Shillong, IIM Sirmaur, IIM Bodh Gaya, IIT Kanpur, IIT Indore, IIT Hyderabad, IIT Goa, IIT Bhubaneswar, NIT Trichy, NIT Warangal, VNIT Nagpur, SIBM Pune, XIME Bangalore, IFMR Graduate School of Business, NTPC School of Business and NMIMS Mumbai to name a few.

It would be an interactive session in which the students can ask any kind of doubts and queries related to their career, placements, resume, communication, grooming, interview preparation, etc. It is not only going to help them crack the toughest of interviews but also going to help them take informed calls for the next 5 years in their career.

Details for the Webinar:



*Annexure
Annexure
Placed in Cell*

Topic: "INTERVIEW TECHNIQUES AND RESUME BUILDING"

Speaker: Mr. ANURAG SHARMA

Date: 22nd October, 2021 (FRIDAY)

Time: 11 AM to 1 PM

Duration: 2 hours

Mode: Microsoft Teams Meeting

Please join the meeting through the link -

<https://teams.microsoft.com/l/meetup-join/19%3af57e966f5beb4acea58c81f55ef1e5ca%40thread.tacv2/1634483731100?context=%7b%22Tid%22%3a%2200e6d239-fb75-401c-84c7-fb6a4769053d%22%2c%22Oid%22%3a%22fda6405f-baea-4ec8-93ec-0e17f9ed3625%22%7d>

Minimum Strength Required: 150

****MANDATORY for the Final year students of all streams****

Agenda of the session in brief:

The session would comprise of two parts -

A) Part - 1 : A well informed, descriptive, interactive and insightful session by the speaker on Interview Preparation and Resume Building which will comprise the following sub-topic in detail -
Duration: 1 hour 15 minutes

- 1) What is an interview? (5 minutes)
- 2) Ingredients of an interview (10 minutes)
- 3) Stages of an interview (5 minutes)
- 4) How to prepare for an interview? (15 minutes)
- 5) Sample PI questions (10 minutes)
- 6) Resume Building (15 minutes)
- 7) Importance of powerful dressing (5 minutes)
- 8) Online vs Offline interviews (10 minutes)

B) Part - 2 : Open House session with the students where they can ask their queries and doubts related to career, placements, interview preparation, resume, communication skills, etc.
Duration: 45 minutes

Kindly install "Microsoft Teams" in your smartphones/ laptops before the session. If you are joining through laptops, you may also join by opening the link directly in the browser (preferably Google Chrome).

Request all the students to kindly start joining the meeting on 22nd October, 2021 (FRIDAY) from 10:40 AM onwards.

****NOTE** - The session will only be conducted if there are minimum 50 students present at 11 AM sharp. ******

Looking forward to a long-term association with your institution.

Thanks & Regards,

Gautam Prakash
Educational Consultant
Learning From Ant
gautam@learningfromant.com
8340760675

About the Speaker:

By education, He is a Mechanical Engineer, by profession a Mathematician, and by choice; a Mentor, Trainer, Enthusiastic Theatre Artist, Writer, Motivational Speaker, and Entrepreneur. He comes with an experience of more than 18 years in the education sector and training more than 70,000 students across India and most of his students made it to the IIT's, IIM's, XLRI, Harvard, and various other prestigious institutes across India and the globe. He has a strong and rich alumni network of students from Ivy colleges. In these 18 years, he has been constantly involved in various domains be it teaching, mentoring, consulting, and grooming.

He is always actively involved in conducting numerous workshops on Aptitude, Fun with Mathematics, Group Discussion, Interview Techniques, Grooming, Communication Skills, Presentation Skills, Dramatics, How to build a Profile, and Leadership Skills across India. He also conducts Parent Consulting sessions at school level so that they can understand the importance of opportunities and should be able to make informed calls.

Thanks.

Anurag Sharma
Founder
LFA Consulting LLP



Anurag Sharma
Anurag Sharma
Placement Cell

FRIDAY

22ND OCTOBER' 21

11 AM TO 1 PM



In association with



Vivekanand Education Society
Institute of Management
Studies & Research

Presents

A SESSION ON

INTERVIEW TECHNIQUES And RESUME BUILDING



Founder & Speaker:
ANURAG SHARMA

PLATFORM – MICROSOFT TEAMS



REPORT:-

TIMINGS : 11 TO 1 PM. FOR (MMS FINAL YEAR STUDENTS) Total Attendance of Students were 104 (MMS Students, 2nd Year)

SPEAKER : MR.GAUTAM NARANG.

TOPICS TO BE COVERED:

The session would comprise of two parts -

A) Part - 1 : A well informed, descriptive, interactive and insightful session by the speaker on Interview Preparation and Resume Building which will comprise the following sub-topic in detail -

Duration: 1 hour 15 minutes

- 1) What is an interview? (5 minutes)
- 2) Ingredients of an interview (10 minutes)
- 3) Stages of an interview (5 minutes)
- 4) How to prepare for an interview? (15 minutes)
- 5) Sample PI questions (10 minutes)
- 6) Resume Building (15 minutes)
- 7) Importance of powerful dressing (5 minutes)
- 8) Online vs Offline interviews (10 minutes)

B) Part - 2 : Open House session with the students where they can ask their queries and doubts related to career, placements, interview preparation, resume, communication skills, etc.

Duration: 45 minutes



Dr. Divya Dixit
Am Sir
Placement cell

(2021-2022) Soft Skills , Language & Communication Skills Training by Prof. Divya Dixit Mam

: MePro Pearson Language Test- Vivekanand Education Society

External

Inbox



Gaurav Sharma <Gaurav.Sharma2@pearson.com>

Fri, Apr 8,
2022,
12:53 PM

to Samir, Pratap, Jyoti, me, Sandeep, geeta.iyer@ves.ac.in, Deshbandhu

Dear Sir,

We have created dummy id's as discussed over the call & enrolled all users -225 for the placement test.

Please note as follows:-

1. All users to attempt placement test from desktop or laptop only.
2. It's a 35 mins test students can finish early depends on question attempted.
3. All users to ensure that their headphone, mic, speaker should be tested before attempting the placement test.
4. Internet speed should be proper to attempt test.
5. Incase of internet break down or user logged out in between of attempting test then student will be placed at level based on no. of questions attempted.

Incase of any query feel free to connect.

Warm Regards,

Gaurav Sharma



*Arjun Saxena
Placement cell*

Session @ Communication Skills , Soft Skills & Language By
Ms. Divya Dixit Mam on 21st March 2022.

External

Inbox



Arun Saxena <arun.saxena@ves.ac.in>

Wed, Mar 16,
2022, 1:29 PM

to mms2020-22, pgdm-b2-2020-22, pgdm-b3-2020-22, pgdm-b1-2020-22, Satish, Sachin, Sandeep, Vidya, RAJESH, Sa

Dear Students,

As discussed in a meeting scheduled for Students with Director Sir and Dean Sir on Monday 7 th March 2022 on our campus about reasons for not being placed.

As an outcome of the meeting it was discussed that we will be arranging a series of activities as a Remedial Session for the un-placed students for their improvement in ongoing Placements.

In continuation to above concern TOP MANAGEMENT has arranged for a session by extremely talented and renowned CORPORATE TRAINER Ms. Divya Dixit .

Date :- 21 st March 2022 - Monday

Time :- PGDM Students (09.30 AM To 12.30 PM) Reporting Time 9.15 AM Sharp

:- MMS Students (01.30 PM To 4.30 PM) Reporting Time 01.15 PM Sharp

Venue :- Class Room No. B-402

Please be in Formals .

Mandatory For All Unplaced Students.

Absentees will be treated as Not Interested in Placements and henceforth Placement mails shall not be forwarded.

Profile of Ms. Divya Dixit Attached.

Arun Saxena

Placement Cell.

One attachment • Scanned by Gmail



, Divya Dixit have completed my MBA in HR from esteemed college "ITM Business School" in 2007. My corporate journey began with "JSW STEEL LTD.", followed by "Gunnebo India Pvt Ltd.", "ABS Pvt Ltd", "Jaipuria Group", Laxmi Dental Exports Pvt Ltd and currently I am associated with "Finrex Treasury Advisors" as HR Head.

My background lies in successfully directing organizational planning and performance through strategic processes and team development. Throughout my career, I have managed recruitment procedures, employee training initiatives, managing performance strategically, staff coaching and employee morale-boosting practices. Additionally, my established

success in effectively interacting with staff and management teams, positions me to make a significant contribution to the organization.

While dealing with fresh graduates I established an opinion towards the growing needs for social, emotional and behavioural skill development programs for students. I have acquired experience in several colleges as a faculty for Human Resource management and Business English Communication.

I have trained School Students, engineering graduates, Hotel management graduates and MBA graduates in several personality development programs and behavioural training workshops. To be more specific, I have mentioned below few of the topics of programs which I have conducted and lies my expertise in: -

- 1) **Communication Skills** – The art of communication, experience the impact of our words and expressions under different scenarios.
- 2) **Presentation Skills** – It involves the adoption of audience – in – charge, present themselves and their projects in professional manner.
- 3) **Campus to corporate, A transition** – The session helps in refining personal and professional excellence so that students smoothly enters the corporate world.
- 4) **Interview Techniques** – Ease the interview process, Do's and Don'ts
- 5) **Gender sensitization** – Create awareness over differences of gender and how to handle them (Highly recommended for both school and college students)
- 6) **Managing yourself responsibly** – Remove negativity, ill effects of Absenteeism, Violence, Drugs use, Alcohol, mental health etc.

I am confident that my proven track record of being an excellent interface between academia and industry work along with my dedication will prove to be a new beginning for our relationship. I am available to discuss in detail at mutual convenient time. Kindly revert with your proposal.

Thanking you for your time and consideration

Regards
Divya Dixit



Arjun Saxena
Placement Cell



[Signature]
Arm S. Jee
Placement cell

YOGA & LIFE SKILLS- REFER WEBSITE LINKS

Webinar on Nutrition, Physical Fitness & Yoga

We are taking the National Level Competition "Intensi-5" one step ahead by organizing a National Webinar inspired by the 'Fit India Movement'. We've got 3 Experts on board to guide us all on our fitness journey. Theme: Importance of Nutrition, Physical Fitness & Yoga

Link

<https://vesim.ves.ac.in/vesim-events/cell-activities/403-webinar-on-nutrition,-physical-fitness-yoga.html?highlight=WyJ5b2dhliwidmVzaW0iLCJ2ZXNpbSdzliwiJ3Zlc2ltIl0=>

Distinguished Lecture on Yoga Sutra and world peace

Maharishi Patanjali's Yoga Sutra is an ancient Vedic text that provides a comprehensive manifold path for achieving union with Supreme Consciousness. Yoga is popular worldwide as a means of personal growth and development. However, Yoga Sutra also states that coherence in collective consciousness can counter hostile tendencies. This is achieved by trained meditators transcending together. Over 50 research publications in top journals have documented large-scale proactive experiments around the world, where small groups of trained meditators trained in Transcendental Meditation [™] the technique created Super-Radiance Effect and lowered crime rates and improved quality of life measures.

Link

<https://vesim.ves.ac.in/announcements/201-distinguished-lecture-on-yoga-sutra-and-world-peace.html?highlight=WyJ5b2dhliwidmVzaW0iLCJ2ZXNpbSdzliwiJ3Zlc2ltIl0=>

Webinar on Nutrition, Physical Fitness & Yoga

We are taking the National Level Competition "Intensi-5" one step ahead by organizing a National Webinar inspired by the 'Fit India Movement'. We've got 3 Experts on board to guide us all on our fitness journey. Theme: Importance of Nutrition, Physical Fitness & Yoga

Link

<https://vesim.ves.ac.in/vesim-events/cell-activities/403-webinar-on-nutrition,-physical-fitness-yoga.html?highlight=WyJwaHlzaWNhbCIsInZlc2ltliwidmVzaW0ncyIsIld2ZXNpbSIsInZlc2ltliwidmVzaW0ncyIsIld2ZXNpbSjd>

CSR - Health Day

The CSR Cell of VESIM had organised HEALTH DAY on 13th March which included Blood donation organized by Sadguru Charitable blood bank, Koparkhairane, Health check-up camp, Stem cells donation registration by Dr. Praveen Clement and his team.

Along with the event, CSR Team had arranged Dance and Fitness sessions which also included Dance therapy for students and faculties hosted by Eeshan Dance Academy, Chembur.

Link

<https://vesim.ves.ac.in/vesim-events/cell-activities/250-csr-health-day-2019.html?highlight=WyJoZWfSdGgiLCJ2ZXNpbSIsInZlc2ltJ3MiLCIndmVzaW0iXQ==>

CSR Health Day

VESIM's CSR cell organized Health Day on 27th of February in college campus. Event included Blood Donation Camp in association with Sion Hospital, Stem Cell Registry Camp in association with MDRI and Organ Donation Camp in association with Indian Medical Association Dombivali with these camps two expert lectures on health and beauty were also organised by renowned dietitian and skin expert followed by Zumba Session. Students, teaching and non-teaching staff enthusiastically participated in the event. Total 41 participants registered themselves for Organ Donation ,79 participants registered themselves with MDRI and 50 volunteers donated blood.

Link

<https://vesim.ves.ac.in/vesim-events/cell-activities/164-csr-health-day.html?highlight=WyJoZWfSdGgiLCJ2ZXNpbSIsInZlc2ltJ3MiLCIndmVzaW0iXQ==>



Yoga and health Activities and web- link with reports



Report on the Workshop - "Dashboard building by using Microsoft Excel"

Workshop Details:

Excel is a widely used tool in many industries and organizations, and having strong Excel skills can be a valuable asset for college students entering the workforce. So the department of Information Technology (Systems) conducted a workshop for the students by Vivekanand Education Society's Institute of Management Studies and Research about building dashboards using Microsoft Excel on 8th October 2022. A total of 62 students participated in the workshop under the guidance of Dr. Pranjal Muley, Associate Professor (Business Analytics), VESBS, who was the trainer of the session, and Dr. Satish Billewar, Associate Professor (Information Technology), VESIM, who was the organizer of the session.

The workshop focused on developing practical skills applicable in a professional setting. The workshop was designed to provide participants with a comprehensive understanding of the features and functions of Excel. This can include basic tasks like formatting cells and data entry and more advanced functions like pivot tables, data analysis, and automation. Excel is a powerful tool for managing and analyzing data. Excel can be used for a wide range of tasks, from financial modeling to data visualization.

The workshop encouraged participants to explore the creative possibilities of Excel and develop problem-solving skills. The workshop was about building a dashboard using tools in Microsoft Excel. Some of the important tools used were Insert data and creating Pivot Table according to the required indicators for data. Conditional formatting was also done on some parts of the data to understand patterns and draw conclusions. The workshop could help students to develop data organization, cleaning, and analysis skills. The workshop taught us many new features of Advanced Excel, which we probably didn't know earlier. Using a pivot table, we could quickly summarize large amounts of data. We learned to analyze numerical data in detail and answer unanticipated questions about your data, which helped us for querying large amounts of data in many user-friendly ways.

Objective:

The objectives of this excel workshop were:

1. To teach the student basic and advanced excel skills to provide participants with a comprehensive understanding of the features and functions of Excel.
2. To prepare students for future employment.
3. To enhance the data management skills of students.
4. To enhance creativity and problem-solving using excel.

Outcomes:

1. **Improved data visualization skills:** Participants were able to learn how to create practical and visually appealing dashboards using Microsoft Excel. They learned how to present data in a way that is easy to understand and interpret, which can be valuable for various academic and professional settings.
2. **Increased proficiency in Microsoft Excel:** Participants developed advanced skills in Microsoft Excel, such as using formulas, pivot tables, and charts, which can be helpful in various fields and industries.
3. **Enhanced problem-solving skills:** Participants learned how to use Microsoft Excel to solve complex problems and analyze data, which can help them develop critical thinking and problem-solving skills.
4. **Better communication skills:** Participants learned how to communicate complex data and insights using visual elements, which can help them better communicate their ideas and findings to others.
5. **Improved collaboration skills:** Participants worked together on building dashboards, which helped them improve their teamwork, communication, and collaboration skills.
6. **Increased employability:** Participants gained practical hands-on experience in Microsoft Excel and data visualization, which they can use in the real world to enhance their employability after graduation.
7. **Confidence in data analysis:** Participants gained confidence in their ability to analyze and present data using Microsoft Excel, which can translate to increased confidence in their academic and professional pursuits.

Student benefited according to the expertise:

1. **Human resources student:** Human resources students can use the knowledge they acquired in the workshop on how dashboards can be used to visualize employee data, such as attendance, performance, and satisfaction. This can help them make informed decisions about employee management and development.
2. **Operations management student:** Operations management students can use the knowledge on how to use dashboards to track production, inventory, and supply chain data. This can help them optimize operations and make data-driven decisions.
3. **Financial management student:** Financial management students can use the knowledge on how to use dashboards to analyze financial data, such as budgets, revenue, and expenses. This can help them make informed investment decisions, risk management, and financial planning.
4. **Marketing student:** Marketing students can use the knowledge on how to use dashboards to track customer data, such as engagement, conversion, and retention. This can help them measure the effectiveness of marketing campaigns and make data-driven decisions.
5. **IT student:** IT students can use the knowledge on how to use dashboards to monitor and troubleshoot technical issues, such as server performance, network traffic, and security incidents. This can help them proactively identify and address issues, improving the reliability and security of IT systems.

Future scope:

The future scope of a Dashboard building by using Microsoft Excel workshop for college students is quite promising, as data visualization and analysis are becoming increasingly important in various fields and industries. Here are some potential future benefits and trends:

1. **Increased demand for data visualization skills:** As the amount of data available continues to grow, the ability to effectively visualize and communicate insights will become even more important. College students who have developed these skills through Dashboard building by using Microsoft Excel workshop can be well-positioned for future career opportunities.
2. **Advancements in data analytics technology:** While Excel is a powerful tool for data visualization, other software platforms are emerging, such as Power BI and Tableau. Students who have developed data visualization skills in Excel can more easily adapt to these other platforms in the future.

3. **More emphasis on data-driven decision-making:** With the growth of big data, there is an increasing emphasis on making data-driven decisions in various industries. The ability to create effective dashboards that communicate complex data insights will become increasingly valuable.
4. **Integration with artificial intelligence and machine learning:** As AI and machine learning become more prevalent in various industries, the ability to interpret and communicate data insights will become even more important. Students who have developed data visualization skills in Excel can potentially integrate these skills with AI and machine learning applications.
5. **Expansion of data privacy regulations:** With increased awareness of data privacy concerns, there is likely to be an expansion of data privacy regulations in the future. Students who have developed skills in data visualization and analysis will need to be mindful of these regulations and how they impact the collection and use of data.

Feedback from Students:

The students who all attended the workshop were very positive after the workshop. Also, Dr. Pranjali Muley took feedback, ensuring a smooth workshop flow with constant student feedback. The students themselves gave the below given feedback.

1. "It was an insightful session; we learned a lot from it."
2. "All the points and procedures were delivered properly, and we clearly understood the pivot table."
3. "The workshop helped us to clear the basics, and we had excellent knowledge of Dashboards."
4. "The workshop was conducted by keeping in mind real business examples which we could come across in our companies when we start with our work."
5. "The workshop was well organized and understood by me."